

# Mrs. Panzarella's Preschool # 3 Class

## Weekly Newsletter

September 11- 15<sup>th</sup>, 2017



Unit of Study: Me! My Emotions!

Bible Story: The Garden of Eden Fruit of the Spirit: Joy

Shape of the Week: Circle Number of the week: # 2

Color of the Week: Green Letter of the Week: B b

### Home Enrichment Activities:

- Talk with your child about our emotions. We all have feelings and God wants us to express ourselves in healthy ways. Discuss the importance of talking and "using our words" when we are faced with difficulties. We can learn from our mistakes and work through our emotions. When your children are having a difficult time, pray with them and ask for God's help!
- Role-play with your child and ask them to pretend along with you. This gives them an opportunity to practice positive behaviors and learn to handle conflict in a non-threatening environment. Encourage them to express their emotions!
- Play a funny face game with your child. Look together in a mirror and make different faces. Ask your child to make a happy, sad or surprised face. Ask them which emotion they enjoy expressing the most? Explain to them that God created happy faces to help us spread his love to everyone around the world!

Special Note: I would like to thank each of you for giving me the opportunity to teach your children. They are such a blessing in my life. What a joy it is to be part of their early education!